

Promoting Enrichment of Living Conditions: Indispensable Goal of all Individuals

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Abstract: *The individuals, belonging to all occupations, communities, categories and socio-economic backgrounds have one of the major goals of promoting enrichment of living conditions. In order to achieve this goal, they are required to augment information in terms of different types of subjects and concepts. Furthermore, they are required to reinforce the traits of morality, ethics, diligence and conscientiousness. In addition, individuals need to understand that there are some job duties, which are carried out on an individual basis, whereas, there are others, which are implemented through working in co-ordination with other individuals. One of the important aspects that needs to be taken into account is, individuals should not be disheartened due to problems and challenging situations. One needs to ensure, they are aware in terms of different job duties and methodologies. In addition, they need to augment confidence levels and overcome the feelings of apprehensiveness and vulnerability. Furthermore, all types of problems and challenging situations need to be prevented from giving rise to impediments within the course of putting into operation different types of tasks and activities. Therefore, it is understood on a comprehensive basis that promoting enrichment of living conditions is an indispensable goal of all individuals. The main concepts that are taken into account in this research paper are, understanding the meaning and significance of promoting enrichment of living conditions, measures to be put into operation in promoting enrichment of living conditions and advantages of promoting enrichment of living conditions.*

Keywords: *Abilities, Communities, Enrichment, Goal, Individuals, Job Duties, Living Conditions, Social Circle*

I. INTRODUCTION

The individuals, belonging to all communities, categories and socio-economic backgrounds have one of the major goals of promoting enrichment of their living conditions. In order to achieve this goal, they need to be well-informed in terms of different types of subjects and factors. The individuals need to inculcate the traits of morality, ethics, diligence and conscientiousness among themselves. These traits are essential in differentiating between different types of appropriate and inappropriate factors; reinforcing the traits of efficiency, honesty and truthfulness; carrying out all types of tasks and activities in a principled manner and not possessing any types of negative feelings in terms of any factors or individuals.

The strengthening of these traits is essential among individuals from the stage of early childhood, throughout their lives. As a consequence, one will be able to reinforce goodness and decency among themselves (Positive Thinking, 2020) [1]. In this manner, one will be able to render an important contribution in promoting enrichment of living conditions. Therefore, it is well-understood that traits of morality, ethics, diligence and conscientiousness are important.

The individuals, belonging to all communities, categories and socio-economic backgrounds have recognized the meaning and significance of education. They have formed the viewpoint that education is the instrument that not only imparts information in terms of academic subjects and lesson plans, but also in terms of ways that are necessary in emerging into moral and ethical human beings. Furthermore, one will be able to become productive citizens of the country. In educational institutions of all levels, educators are imparting information in terms of all the strategies that would be facilitating to the individuals in promoting their enhancement (Siddiqui, 2020) [4]. The educators in cases of educational institutions of all levels and grades have one of the major goals of promoting student learning. Through acquisition of education, individuals are able to prepare themselves in a satisfactory manner in order to do well in their job duties and bring about improvements in their overall standards of living. Therefore, it is understood on a comprehensive basis that through acquisition of education, one will be able to enhance their knowledge and understanding.

A. Understanding the Meaning and Significance of Promoting Enrichment of Living Conditions

Acquisition of employment opportunities is regarded as one of the major goals of individuals, belonging to all communities and socio-economic backgrounds. The individuals get engaged in jobs in accordance to their competencies, abilities and aptitude. The different fields that are selected are, education, arts, architecture, literature, science, technology, medical, health care, engineering, business, management, administration, law, journalism, and so forth. The individuals are required to make sure, they are well-equipped in terms of different types of job duties and responsibilities. Furthermore, one needs to be well-informed in terms of different types of methodologies, which are facilitating in doing well in one's job duties and generating desired outcomes. The individuals are required to make sure, within their jobs, they inculcate the traits of morality, ethics, diligence and conscientiousness. Furthermore, they will be able to make use of their educational qualifications, skills and abilities in an effective manner.

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One of the important aspects that needs to be taken into account is, individuals will render an important contribution in bringing about improvements in their financial positions. The possession of adequate amount of financial resources is essential in bringing about improvements in one's overall standards of living. Therefore, individuals will be able to acquire an efficient understanding of the meaning and significance of promoting enrichment of living conditions, when they are in different types of employment opportunities.

The individuals need to promote good health and well-being, physically as well as psychologically. This is apparently understood that individuals, belonging to all age groups experience different types of health problems and illnesses. These are treated within homes as well as through making visits to medical and health care centres. Consulting medical practitioners and health care specialists will enable the individuals to augment information in terms of all the factors that are necessary in promoting good health and well-being from physical as well as psychological perspectives. The individuals, belonging to rural communities are dependent on natural environmental conditions in order to promote good health and well-being.

The individuals experience different types of psychological problems of anger, stress, anxiety, frustration and depression. These are experienced in a major or minor form. These psychological problems would have unfavourable effects on the overall personality traits and standards of living of individuals. Hence, individuals need to be well-informed in terms of different types of measures, which would be facilitating in coping with these problems in an effective manner. Furthermore, these need to be prevented from giving rise to barriers within the course of promoting enhancement. Therefore, one is able to acquire an understanding of the meaning and significance of promoting enrichment of living conditions, when they are promoting good health and well-being, physically as well as psychologically.

The individuals are required to form an effective social circle, throughout their lives. The social circle of the individuals comprise of family members, relatives, friends, neighbours, educators, supervisors, employers, classmates, colleagues, and service providers. From the stage of early childhood, individuals need to understand that beyond their homes also there is a world with which they need to communicate with. Hence, they need to reinforce their contacts with family and community members. For this purpose, one needs to implement effective communication processes. Furthermore, one needs to treat others with respect and courtesy. The individuals are able to render an important contribution in promoting enhancement of their overall standards of living, when they are forming an effective social circle. Loneliness is regarded as one of the chronic and distressful conditions. It has unfavourable effects on the overall living conditions of individuals. Hence, individuals are required to be well-informed in terms of different types of strategies, which are facilitating in alleviating loneliness. The individuals are required to put emphasis on forming an effective social circle. In other words, they need to focus on reinforcing contacts with family and community members. As a consequence, one will render an important contribution in incurring the feelings of pleasure and contentment. Therefore, an understanding of the meaning and significance of promoting enrichment of living conditions is acquired,

when individuals are putting emphasis on forming an effective social circle and alleviating loneliness.

B. Measures to be put into operation in Promoting Enrichment of Living Conditions

The individuals are different from each other in terms of number of factors, i.e. castes, creeds, races, religions, ethnicities, cultures, age groups, genders, educational qualifications, occupations, communities and socio-economic backgrounds. In spite of these differences, the individuals have one of the common goals of promoting enrichment of living conditions. The individuals can achieve this goal in a manageable manner as well as there are occurrences of complications. There are some kinds of job duties and responsibilities, which are put into operation on an individual basis, whereas, there are others, which are put into operation through working in co-ordination with family and community members.

It is of utmost significance to form cordial and amiable terms and relationships with other individuals, including family and community members [8][9][10]. The individuals, throughout their lives need to be well-informed in terms of different measures, which are facilitating in the achievement of this goal (Raising Caring, Respectful, Ethical Children, n.d.) [3]. All types of measures are required to be put into operation in a well-organized and satisfactory manner. In other words, positivity needs to be reinforced in all types of measures. Therefore, measures to be put into operation in promoting enrichment of living conditions are stated as follows:

C. Inculcating the Traits of Morality, Ethics, Diligence and Conscientiousness

The individuals, belonging to all communities, categories and socio-economic backgrounds need to inculcate the traits of morality, ethics, diligence and conscientiousness among themselves. These traits are essential in differentiating between various types of appropriate and inappropriate factors; reinforcing the traits of efficiency, honesty and truthfulness; carrying out all types of job duties and responsibilities in a principled manner and not possessing any types of negative feelings in terms of any factors or individuals. One of the important contributions is in coping with different types of dilemmas and challenging situations in an effective manner. Furthermore, one will be able to render an important contribution in leading to up-gradation of different types of skills and abilities.

The strengthening of these traits is essential among individuals from the stage of early childhood, throughout their lives. As a consequence, one will be able to reinforce goodness and decency among themselves. In this manner, one will be able to render an important contribution in promoting enrichment of living conditions. Hence, it is well-understood that traits of morality, ethics, diligence and conscientiousness are important. Therefore, inculcating the traits of morality, ethics, diligence and conscientiousness is regarded as one of the indispensable measures to be put into operation in promoting enrichment of living conditions.



II. ACQUIRING EDUCATION

The individuals, belonging to all communities, categories and socio-economic backgrounds have formed the viewpoint that education is the instrument that not only imparts information in terms of academic subjects and lesson plans, but also in terms of ways that are necessary in emerging into moral and ethical human beings. Furthermore, one will be able to become productive citizens of the country. In educational institutions of all levels, educators are imparting information in terms of all the strategies that would be facilitating to the individuals in promoting their enhancement. The educators in cases of educational institutions of all levels and grades have one of the major goals of promoting student learning. Through acquisition of education, individuals are able to prepare themselves in an appropriate manner in order to do well in their job duties and bring about improvements in their overall standards of living. Hence, it is understood on a comprehensive basis that through acquisition of education, one will be able to enhance their knowledge and understanding. In other words, one will be well-informed in terms of various subjects and concepts. Therefore, acquiring education is one of the significant measures to be put into operation in promoting enrichment of living conditions.

A. Getting engaged in Employment Opportunities

Acquisition of employment opportunities is regarded as one of the major goals of individuals, belonging to all communities and socio-economic backgrounds. The individuals get engaged in jobs in accordance to their competencies, abilities and aptitude. The different fields that are selected are, education, arts, architecture, literature, science, technology, medical, health care, engineering, business, management, administration, law, journalism, and so forth. The individuals are required to make sure, they are well-equipped in terms of different types of job duties and responsibilities. Furthermore, one needs to be well-informed in terms of different types of methodologies, which are facilitating in doing well in one's job duties and generating desired outcomes. The individuals are required to make sure, within their jobs, they inculcate the traits of morality, ethics, diligence and conscientiousness. Furthermore, they will be able to make use of their educational qualifications, skills and abilities in an efficacious manner. One of the important aspects that needs to be taken into account is, individuals will render an important contribution in bringing about improvements in their financial positions. The possession of adequate amount of financial resources is essential in bringing about improvements in one's overall standards of living. Therefore, getting engaged in employment opportunities is an expedient measure to be put into operation in promoting enrichment of living conditions.

B. Promoting Good Health and Well-being

The individuals need to promote good health and well-being, physically as well as psychologically. This is apparently understood that individuals, belonging to all age groups experience different types of health problems and illnesses. Some of these are, pain in the joints, high blood pressure, low blood pressure, headaches, backaches, stomach-aches, diabetes, heart problems, kidney disorders and so forth. These are treated within homes as well as through making visits to medical and health care centres. Consulting medical practitioners and health care specialists

will enable the individuals to augment information in terms of all the factors that are necessary in promoting good health and well-being from physical as well as psychological perspectives. The individuals, belonging to rural communities are dependent on natural environmental conditions in order to promote good health and well-being.

The individuals experience different types of psychological problems of anger, stress, anxiety, frustration and depression. These are experienced in a major or minor form. These psychological problems would have unfavourable effects on the overall personality traits and standards of living of individuals. Hence, individuals need to be well-informed in terms of different types of measures, which would be facilitating in coping with these problems in an effective manner. Furthermore, these need to be prevented from giving rise to impediments within the course of promoting enhancement. Therefore, promoting good health and well-being is an eminent measure to be put into operation in promoting enrichment of living conditions.

C. Forming an Effective Social Circle

The individuals are required to form an effective social circle, throughout their lives. The social circle of the individuals comprise of family members, relatives, friends, neighbours, educators, supervisors, employers, classmates, colleagues, and service providers. From the stage of early childhood, individuals need to understand that beyond their homes also there is a world with which they need to communicate with. Hence, they need to reinforce their contacts with family and community members. For this purpose, one needs to hone communication skills and interactive abilities. Furthermore, one needs to treat others with respect and courtesy. The individuals are able to render an important contribution in promoting enhancement of their overall living conditions, when they are forming an effective social circle.

Lonesomeness is regarded as one of the chronic and distressful conditions. It has unfavourable effects on the overall living conditions of individuals. Hence, individuals are required to be well-informed in terms of different types of approaches, which are facilitating in alleviating lonesomeness. The individuals are required to put emphasis on forming an effective social circle. In other words, they need to focus on establishing linkages with family and community members. As a consequence, one will render an important contribution in incurring the feelings of pleasure and contentment. Therefore, forming an effective social circle is a renowned measure to be put into operation in promoting enrichment of living conditions.

D. Augmenting Skills and Abilities

The individuals need to put emphasis on augmenting skills and abilities. The different types of skills are, communication skills, decision-making skills, analytical skills, critical-thinking skills, leadership skills, negotiation skills, time-management skills, presentation skills, personal skills, professional skills, technical skills, creative skills, intellectual skills, artistic skills and public-speaking skills.

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On the other hand, abilities which need to be honed are, convincing, persuasion, planning, organizing, directing, leading, controlling, co-ordinating, emotional intelligence, systems thinking, possessing the abilities to work under stress, putting in efforts to one's best abilities, coping with different types of dilemmas and challenging situations and carrying out all types of tasks and activities in a well-organized manner.

The individuals are required to put into practice different types of skills and abilities in their personal and professional lives. These need to be put into operation in a well-organized and disciplined manner in order to do well in various types of tasks and activities. The individuals are required to ensure, they inculcate the traits of morality, ethics, diligence and conscientiousness in leading to up-gradation of different types of skills and abilities. As a consequence of utilizing these appropriately, one will render an important contribution in leading to up-gradation of their living conditions. Therefore, augmenting skills and abilities is a notable measure to be put into operation in promoting enrichment of living conditions.

E. Implementing Household Responsibilities

The individuals, belonging to all communities and socio-economic backgrounds are required to implement household responsibilities. The different types of household responsibilities are, cleaning, washing, preparation of meals, gardening, fetching water, repair work, electric work, painting, carpentry, plumbing and overall management of the households. Within rural areas, the individuals are carrying out all types of household responsibilities on their own, whereas, in urban communities, the individuals hire domestic helpers and service providers. These individuals are making provision of help in order to carry out certain job duties in a well-organized manner. The individuals hire cleaning custodians, cooks, drivers, painters, carpenters, electric workers, repair workers and so forth.

As a consequence of carrying out all types of household responsibilities in a well-organized manner, one will be able to render an important contribution in leading to up-gradation of their living conditions. The main reason being, in this manner, one will be able to make their living standards comfortable (Social Well-being – Inter-personal Relationship, n.d.) [5]. Furthermore, one will incur the feelings of pleasure and contentment. In this manner, individuals will contribute efficiently in leading to up-gradation of overall personality traits. Therefore, implementing household responsibilities is a noteworthy measure to be put into operation in promoting enrichment of living conditions.

III. MANAGING RESOURCES

The individuals, belonging to all communities, categories and socio-economic backgrounds are required to manage financial, human, technical, material and information resources. The financial resources are monetary resources. These are utilized to make purchases of various items, acquire services of domestic helpers and service providers, fulfil different types of needs and requirements, and bring about changes in different factors. The human resources are the personnel. They are required to make use of their educational

qualifications, competencies and abilities in a satisfactory manner. Technical resources are different types of technologies, i.e. computers, lap-tops, I pads, scanners, printers, photo-copiers, audio-visual aids, and so forth.

Material resources are, tools, devices, machinery, equipment, apparatus, and gears. Information resources are, books, articles, reports, projects, newspapers, magazines, other reading materials and internet. The internet is regarded as one of the prominent sources that is utilized in order to augment information in terms of different types of subjects and concepts. Furthermore, individuals are able to obtain answers to all types of questions and clarify their doubts in terms of different factors. Hence, in order to enhance their living conditions, it is necessary for individuals to ensure all types of resources are managed in an efficacious manner. Furthermore, one needs to ensure, wastage is prevented. Therefore, managing resources is an advantageous measure to be put into operation in promoting enrichment of living conditions.

A. Providing Infrastructure, Amenities and Facilities

Providing infrastructure, amenities and facilities is regarded to be of utmost significance in promoting enhancement of living conditions. These are referred to power supplies, water supplies, furniture, communication networks, transportation facilities, and so forth. As a consequence of having these available, one will be able to make their living conditions comfortable. Furthermore, one will be able to concentrate well on their tasks and activities. The management of financial resources is regarded to be utmost significance in making provision of infrastructure, amenities and facilities. These need to be managed in a well-organized and regimented manner.

The individuals hire domestic helpers and service providers. These individuals are making provision of help in order to carry out certain job duties in a well-organized manner. The individuals hire cleaning custodians, cooks, drivers, painters, carpenters, electric workers, repair workers and so forth. These individuals make provision of help and support in order to enhance one's living conditions. Hence, the individuals work diligently in order to make provision of infrastructure, amenities and facilities. Furthermore, individuals are required to ensure, they are managing these in a well-organized manner. Therefore, providing infrastructure, amenities and facilities is a useful measure to be put into operation in promoting enrichment of living conditions.

B. Creating an Amiable Environment within Homes

Creating an amiable environment within homes is regarded as one of the indispensable measures, which is the key in promoting enrichment of living conditions. In order to implement this measure in an efficient manner, there are certain factors that needs to be facilitating in achievement of this goal, i.e. implementing effective communication processes; treating others with respect and courtesy; making wise and productive decisions in terms of various areas;



taking out sufficient amount of time for all tasks and activities; honing analytical and critical-thinking skills; managing financial, technical, material and information resources in a well-organized manner; promoting good health and well-being, physically and psychologically; depicting the traits of helpfulness and co-operation; providing infrastructure, amenities and facilities and leading to up-gradation of overall personality traits. As a consequence of acknowledging and implementing all these factors, one will contribute efficiently in creating an amiable environment within homes.

Throughout the lives of the individuals, they need to put emphasis on augmenting information in terms of all these factors. As a consequence, they will render an important contribution in forming cordial and amiable terms and relationships with other individuals within homes. In this manner, one will contribute efficiently in incurring the feelings of pleasure and contentment. Therefore, creating an amiable environment within homes is a prolific measure to be put into operation in promoting enrichment of living conditions.

C. Advantages of Promoting Enrichment of Living Conditions

The individuals work diligently in order to achieve the goal of promoting enrichment of living conditions. It is apparently understood that they experience various types of setbacks. The setbacks are experienced in a major or minor form. But they need to be well-prepared in terms of ways, which would be facilitating in overcoming setbacks in terms of various factors. Furthermore, it is necessary for individuals to form positive viewpoints in terms of various factors and develop mutual understanding with family and community members. There are some tasks and activities, which are carried out on one's own or there are others, which are carried out through working in co-ordination with family or community members.

The experiencing of psychological problems of anger, stress, anxiety, frustration and depression is apparent. The individuals are required to be well-informed in terms of strategies of coping with psychological problems and promoting a normal mind-set (Prevention of Mental Disorders, 2004) [2]. Therefore, advantages of promoting enrichment of living conditions are, forming cordial and amiable terms and relationships with others; promoting enhancement of career prospects; incurring the feelings of pleasure and contentment; promoting community well-being and leading to up-gradation of overall personality traits. These are stated as follows:

D. Forming Cordial and Amiable Terms and Relationships with others

The individuals, belonging to all communities, categories and socio-economic backgrounds need to form cordial and amiable terms and relationships with others, including family and community members. In order to achieve this goal, one needs to hone communication skills and interactive abilities. Furthermore, one needs to treat others with respect and courtesy. The individuals are able to render an important contribution in promoting enhancement of their overall living conditions, when they are forming an effective social circle, comprising of family and community members. On the other

hand, promoting enrichment of living conditions are facilitating in forming cordial and amiable terms and relationships with others. The main reason being, when one will be satisfied, one will be able to communicate with other individuals in an effective manner. As a consequence, one will render an important contribution in incurring the feelings of pleasure and contentment. Therefore, it is well-understood that forming cordial and amiable terms and relationships with others is regarded as one of the indispensable advantages of promoting enrichment of living conditions.

IV. PROMOTING ENHANCEMENT OF CAREER PROSPECTS

Promoting enhancement of career prospects is regarded as one of the major goals of individuals, belonging to all occupations, communities and socio-economic backgrounds. The individuals are required to make sure, they are well-equipped in terms of different types of job duties and responsibilities. Furthermore, one needs to be well-informed in terms of different types of methodologies, which are facilitating in doing well in one's job duties and generating desired outcomes. The individuals are required to make sure, within their jobs, they inculcate the traits of morality, ethics, diligence and conscientiousness. Furthermore, they will be able to make use of their educational qualifications, skills and abilities in an efficacious manner. One of the important aspects that needs to be taken into account is, individuals will render an important contribution in bringing about improvements in their financial positions. Furthermore, this will open the room for them to promote enhancement of their living conditions. Therefore, it can be stated, promoting enhancement of career prospects is one of the significant advantages of promoting enrichment of living conditions.

A. Incurring the Feelings of Pleasure and Contentment

The individuals incur the feelings of pleasure and contentment, when they are putting into operation all the factors that would be facilitating in promoting enrichment of living conditions. Furthermore, all individuals have different types of goals and objectives to achieve in their personal and professional lives. When they are wholeheartedly committed towards achievement of these goals and are successful, they will incur the feelings of pleasure and contentment. The individuals need to ensure, they are carrying out all types of tasks and activities in such a manner, which would be facilitating in promoting well-being and goodwill of not only themselves, but also family and community members. This is apparently understood that when individuals are carrying out different types of tasks and activities in a successful manner, they will incur the feelings of pleasure and contentment. On the other hand, these feelings will be augmented, when individuals will render an important contribution in promoting well-being and goodwill of other individuals. Therefore, incurring the feelings of pleasure and contentment is an expedient advantage of promoting enrichment of living conditions.

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B. Promoting Community Well-being

As a consequence of promoting enrichment of living conditions, one will contribute efficiently in promoting community well-being. The main reason being, individuals will be well-prepared in terms of tasks and ways that are vital to carry these out in a satisfactory manner. The individuals will work diligently towards putting into operation their tasks and activities, which would be facilitating in promoting well-being and goodwill of family and community members [6][7]. The individuals are required to make sure, they are well-equipped in terms of different types of job duties and responsibilities. Furthermore, one needs to be well-informed in terms of different types of methodologies, which are facilitating in doing well in one's job duties and generating desired outcomes. The individuals are required to make sure, they inculcate the traits of morality, ethics, diligence and conscientiousness. Furthermore, they will be able to make use of their educational qualifications, skills and abilities in an efficacious manner. As a consequence, one will render an important contribution in promoting community well-being. Therefore, promoting community well-being is an eminent advantage of promoting enrichment of living conditions.

C. Leading to Up-gradation of overall Personality Traits

Leading to up-gradation of overall personality traits is regarded as one of the major goals of individuals, belonging to all communities and socio-economic backgrounds. As a consequence of promoting enrichment of living conditions, one will contribute efficiently in achievement of this goal. The individuals will augment information in terms of the factors, which would be facilitating in the achievement of this goal. The different types of factors are, diet and nutrition; exercises and physical activities; yoga and meditation; managing body weight; treating different types of health problems and illnesses; forming an effective social circle; alleviating loneliness; maintaining cleanliness within environmental conditions; possessing an approachable nature and an amiable attitude and having a pleasant personal appearance. The individuals need to be well-informed in terms of these factors throughout their lives. As a consequence of acknowledging and implementing these, individuals will contribute efficiently in bringing about improvements in overall personality traits. Furthermore, this is facilitated, when overall living conditions will be enhanced. Therefore, leading to up-gradation of overall personality traits is a meaningful advantage of promoting enrichment of living conditions.

V. CONCLUSION

The individuals, belonging to all communities and socio-economic backgrounds have one of the major goals of promoting enrichment of their living conditions. Measures to be put into operation in promoting enrichment of living conditions are, inculcating the traits of morality, ethics, diligence and conscientiousness, acquiring education, getting engaged in employment opportunities, promoting good health and well-being, forming an effective social circle, augmenting skills and abilities, implementing household responsibilities, managing resources, providing infrastructure, amenities and facilities and creating an

amiable environment within homes. Advantages of promoting enrichment of living conditions are, forming cordial and amiable terms and relationships with others; promoting enhancement of career prospects; incurring the feelings of pleasure and contentment; promoting community well-being and leading to up-gradation of overall personality traits. Finally, it can be stated, one needs to be well-equipped in terms of ways of promoting enrichment of living conditions throughout one's lives.

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